

# Lunch Menu - Monday 12th November

## Starters

*Stir-fried fresh rice flour noodles in thick sauce with pork*

*Potato and leek soup with croutons (V)*

*Sausage and mixed fruit salad*

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## Main Courses

*Garlic chicken fried rice*

*Baked pork with pepper and pineapple*

*Cheese, potato and tomato pie (V)*

*Korean noodle budejjgae (V)*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Grass jelly with tea latte (V)*

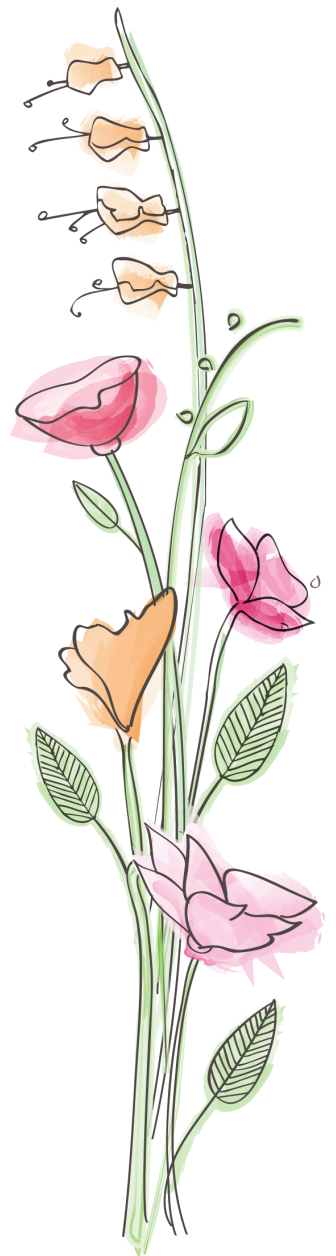
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## Beverages

*Chilled water*

*Chilled milk*

*Strawberry juice (V)*



# Lunch Menu - Tuesday 13th November

## Starters

*Spicy prawn soup*

*Creamy cauliflower soup with croutons (V)*

*Mixed fruit salad (V)*

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## Main Courses

*Pasta with pesto sauce (V)*

*Paella*

*Spicy minced tofu salad (V)*

*Chicken schnitzel and crispy roasted potatoes*

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## Sides

*French baguette ((V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Soft cookies and coconut milk (V)*

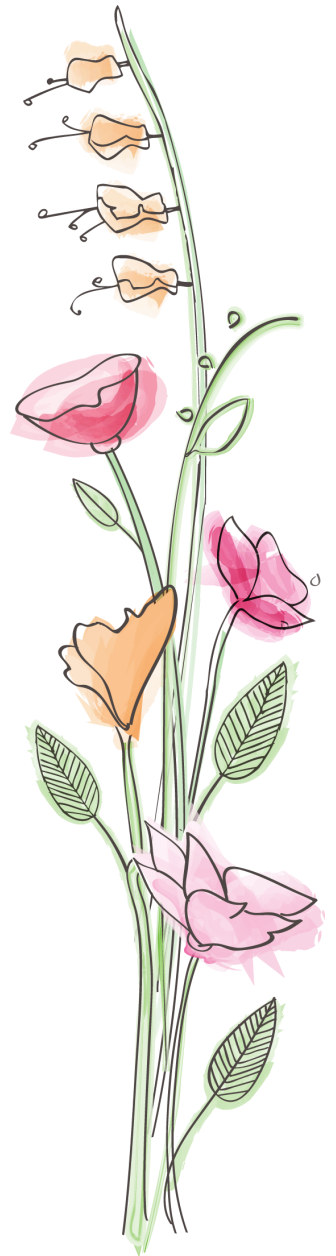
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## Beverages

*Chilled water*

*Chilled milk*

*Cantaloupe juice (V)*



# Lunch Menu - Wednesday 14th November

## Starters

*Tempura battered fried prawns*

*Creamy pumpkin soup with croutons (V)*

*Fettucini salad*

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## Main Courses

*Thai green curry with coconut shoots (V)*

*Pasta arabiata (V)*

*Baked spinach with cheese (V)*

*Pork steak with paprika and crispy roasted potatoess*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Thai rainbow glutinous rice balls (Bua Loi) (V)*

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## Beverages

*Chilled water*

*Chilled milk*

*Lemon juice (V)*



# Lunch Menu - Thursday 15th November

## Starters

*Minced pork and onion soup*

*Creamy spinach soup with croutons (V)*

*Corn salad (V)*

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## Main Courses

*Deep fried dried pork*

*Pork lasagne*

*Dry noodles with minced spicy crispy tofu (V)*

*Grilled chicken breast, mashed potato,, gravy and grilled vegetables*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Creamy coconut tapioca and corn pudding (V)*

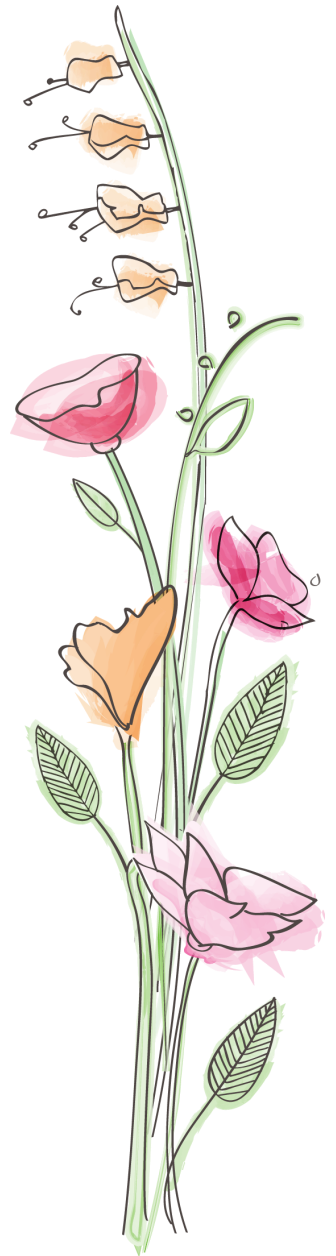
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## Beverages

*Chilled water*

*Chilled milk*

*Blueberry juice (V)*



# Lunch Menu - Friday 16th November

## Starters

*Pork and potato soup*

*Creamy corn soup with croutons (V)*

*Caesar salad*

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## Main Courses

*Stir fried spicy seafood*

*Battered fish and chips with seasonal vegetables*

*Chicken steak with gravy and seasonal vegetables*

*Spaghetti with pumpkin and spinach (V)*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Strawberry cheesecake and ice-cream (V)*

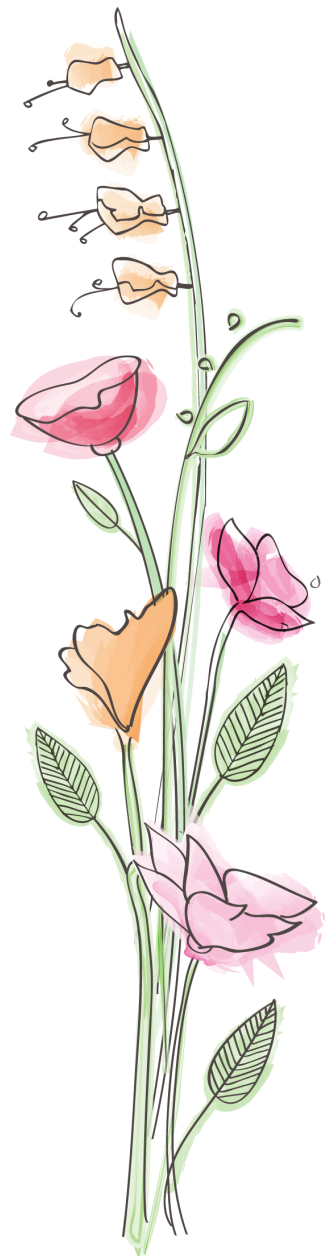
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## Beverages

*Chilled water*

*Chilled milk*

*Pineapple juice (V)*



# Lunch Menu - Saturday 17th November

## Starters

*Sour and spicy smoked dry fish soup*

*Creamy tomato soup with croutons (V)*

*Cucumber salad (V)*

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## Main Courses

*Salted eggs Thai style salad*

*Stir fried Konjac macaroni with prawns*

*Noodle creamy Tom Yum soup (V)*

*Battered dolly fish steak and baked potato*

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## Sides

*French baguette (V)*

*Steamed riceberry rice and steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Egg custard in pumpkin*

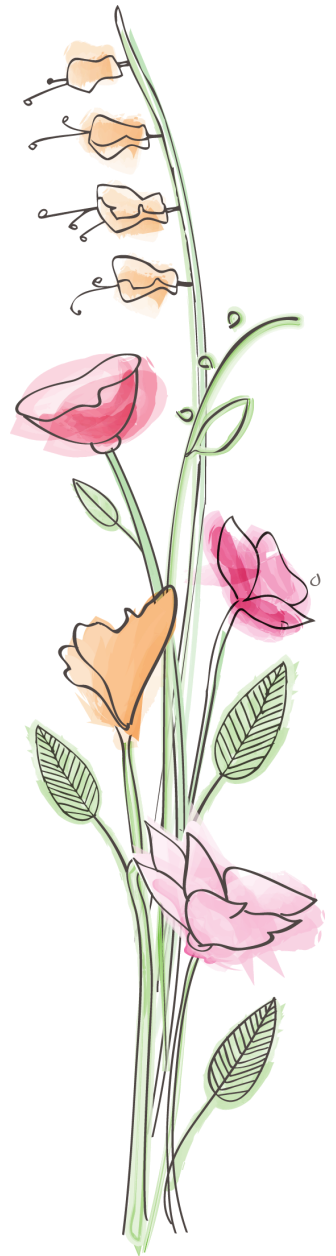
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## Beverages

*Chilled water*

*Chilled milk*

*Apple juice (V)*



# Lunch Menu - Sunday 18th November

## Starters

*Stir fried squid with salted eggs*

*Creamy cauliflower soup with croutons (V)*

*Sunflower sprout salad*

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## Main Courses

*Stir fried minced pork and basil*

*Spicy pork sausage and spaghetti*

*Tom Yum Creamy Soup with mushrooms (V)*

*Grilled chicken breast, mashed potato and grilled vegetables*

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## Sides

*French baguette (V)*

*Steamed riceberry rice or steamed white rice (V)*

*Salad bar selection (V)*

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## Desserts

*Seasonal fruit (V)*

*Coconut milk jelly (V)*

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## Beverages

*Chilled water*

*Chilled milk*

*Beetroot juice (V)*

