	St. Steph International "Where East meets West"	en's <sub>School</sub> Ea	arly Years	Menu	epicure
Week day Date	<b>Monday</b> 20/05/24	<b>Tuesday</b> 21/05/24	Wednesday	<b>Thursday</b> 23/05/24	<b>Friday</b> 24/05/24
Morning Snack	Egg Sandwich	Croissant Ham cheese	Cream Bun	Cornflakes	Tuna Sandwich
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad bar
Main Western	Chicken Lasagna	Roast Pork Loin With Pepper Sauce	Teriyaki Chicken	Pork Gondon Bleu	Fish & Chips
Soup	Pumpkin Soup	Stewed Chicken Soup	Miso Soup	Watery Egg Soup	Gourd Soup
Vegetables	Mixed Vegetables	Broccolli&Cherry Tomatoes	Cha wa nmushi	Carrot Sticks	Garden Vegetables
Potatoes	Natural Cut	Duchess Potatoes	Japanese Potato Salad	Roasted Potatoes	French Fried
Asian Food	Stir Fried Zucchini with Shrimp	Grilled Chicken	Grilled Fish with Soy Sauce	Stir Fried Squid With Salted Eggs	Chicken Rice
Noodles	Clear Noodle Soup with Pork	Shredded Chicken Noodles	Ramen	Fish Ball Noodles	Lad Na
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits
Dessert	Banana in Coconut Milk	-	Vanilla Custard	-	lce cream
Afternoon Snack	Garlic Bread	Sultana Roll	Chocolate Croissant	Sausage Rolls	Danish Vanilla
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice

FOR THOUGHT



